

# FDHS1210 Understanding Health and Health Promotion (UW & Partner)

University of Worcester - Lisa Porter. Halesowen College - Louise Parker. Herefordshire and Ludlow College - Kate James. The Learning Institute - Lorna Crouchen and Peggy Bent.

View Online



'2901502\_PHOF\_Improving\_Outcomes\_PT1A\_v1\_1.Pdf'  
<[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/263658/2901502\\_PHOF\\_Improving\\_Outcomes\\_PT1A\\_v1\\_1.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/263658/2901502_PHOF_Improving_Outcomes_PT1A_v1_1.pdf)>

Anwar-McHenry J and others, 'Implementing a Mentally Healthy Schools Framework Based on the Population Wide Act-Belong-Commit Mental Health Promotion Campaign' (2016) 116 Health Education 561

Arnett, Jeffrey Jensen. U Maryland, Dept of Human Development, College Park, MD, US, 'Emerging Adulthood: A Theory of Development from the Late Teens through the Twenties.' [2000] American Psychologist  
<<https://search-ebscohost-com.apollo.worc.ac.uk/login.aspx?direct=true&AuthType=ip,shib,cpid&custid=s6264444&db=pdh&AN=2000-15413-004&site=ehost-live&scope=site>>

Atwal A and others, 'Polio Survivors' Perceptions of the Meaning of Quality of Life and Strategies Used to Promote Participation in Everyday Activities' (2015) 18 Health Expectations 715

BAHADORI et al. M, 'The Social Determinants of Health (SDH) in Iran: A Systematic Review Article' (1AD) 44 Iranian journal of public health 728

Barrow G, '"Whatever!" The Wonderful Possibilities of Adolescence' (2014) 44 Transactional Analysis Journal 167

'Behavioural Insights in Health Care | The Health Foundation'  
<<http://www.health.org.uk/publication/behavioural-insights-health-care>>

Bennett, Clare, 'Promoting Health in Primary Care' (29AD) 23 Nursing standard

Bingham C and others, 'Towards a Social Model Approach?' (2013) 42 Personnel Review 613

Blaxter M, Health (2nd ed, Polity 2010)

—, 'How Is Health Defined', Health (2nd ed, Polity 2010)

'BMJ. British Medical Journal (International Ed.)'

Bowling A, 'What Is Successful Ageing and Who Should Define It?' (2005) 331 BMJ 1548

Brady G, Lowe P and Olin Lauritzen S, 'Connecting a Sociology of Childhood Perspective with the Study of Child Health, Illness and Wellbeing: Introduction' (2015) 37 Sociology of Health & Illness 173

Burton M, Pavord E and Williams B, An Introduction to Child and Adolescent Mental Health (SAGE 2014)

Campbell D, 'Health Inequality Gap "is Still Growing" in England, New Department of Health Data Shows' [12AD] The Observer  
<<https://www.proquest.com/docview/1928112715/fulltext/CA22393007B14D67PQ/1?accountid=15133>>

'Childhood-Final-15-03 - Childhood\_disadvantage\_health.Pdf'  
<[http://hiaconnect.edu.au/old/files/childhood\\_disadvantage\\_health.pdf](http://hiaconnect.edu.au/old/files/childhood_disadvantage_health.pdf)>

'Chronic Diseases and Injuries in Canada - Canada.Ca'  
<<https://www.canada.ca/en/public-health/services/reports-publications/health-promotion-chronic-disease-prevention-canada-research-policy-practice/vol-34-no-1-2014/supplement.html>>

'Common Core of Skills and Knowledge for the Childrens Workforce.Pdf'  
<<http://www.yor-ok.org.uk/YorOK-Workforce/Common%20core%20of%20skills%20and%20knowledge%20for%20the%20childrens%20workforce.pdf>>

'Critical Public Health' <<https://www-tandfonline-com.apollo.worc.ac.uk/loi/ccph20>>

Curtis B, 'Understanding Tailored Internet Smoking Cessation Messages: A Reasoned Action Approach' (2012) 640 The ANNALS of the American Academy of Political and Social Science 136

Dahlgren G and Whitehead M, 'European Strategies for Tackling Social Inequities in Health: Levelling up Part 2'  
<[http://www.euro.who.int/\\_\\_data/assets/pdf\\_file/0018/103824/E89384.pdf](http://www.euro.who.int/__data/assets/pdf_file/0018/103824/E89384.pdf)>

Department of Health, 'Choosing Health: Making Healthy Choices Easier'  
<<http://www.nhshistory.net/choosing%20health%20summary.pdf>>

'Department of Health & Social Care'  
<<https://www.gov.uk/government/organisations/department-of-health>>

Department of Health and Social Care, 'Living Well With Dementia: A National Dementia Strategy. Strategic Framework within for Making Quality Improvements to Dementia Services and Addressing Health Inequalities.'  
<<https://www.gov.uk/government/publications/living-well-with-dementia-a-national-dementia-strategy>>

—, 'Improving Mental Health Services for Young People. Report of the Work of the Children and Young People's Mental Health Taskforce.'  
<<https://www.gov.uk/government/publications/improving-mental-health-services-for-young>>

-people>

—, 'Choice in End of Life Care. Sets out Findings of an Independent Review into Choice in End of Life Care.'

<<https://www.gov.uk/government/publications/choice-in-end-of-life-care>>

—, 'Valuing People - A New Strategy for Learning Disability for the 21st Century'

<<https://www.gov.uk/government/publications/valuing-people-a-new-strategy-for-learning-disability-for-the-21st-century>>

—, 'Healthy Lives, Healthy People: Our Strategy for Public Health in England'

<<https://www.gov.uk/government/publications/healthy-lives-healthy-people-our-strategy-for-public-health-in-england>>

Dixon B, Pena M-M and Taveras EM, 'Lifecourse Approach to Racial/Ethnic Disparities in Childhood Obesity' (2012) 3 Advances in Nutrition: An International Review Journal 73

Dodge R and others, 'The Challenge of Defining Wellbeing' (2012) 2 International Journal of Wellbeing 222

<<https://www.internationaljournalofwellbeing.org/index.php/ijow/article/view/89/238>>

du Bois-Reymond M, 'Emerging Adulthood Theory Under Scrutiny' (2016) 4 Emerging Adulthood 242

Edmond N and Price M, Integrated Working with Children and Young People: Supporting Development from Birth to Nineteen (SAGE 2012)

<<http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=9781446258361>>

Elliott C, "'Big Food" and "Gamified" Products: Promotion, Packaging, and the Promise of Fun' (2015) 25 Critical Public Health 348

'End of Life Care Strategy - End\_of\_life\_strategy.Pdf'

<[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/136431/End\\_of\\_life\\_strategy.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/136431/End_of_life_strategy.pdf)>

Engel G, 'The Need for a New Medical Model: A Challenge for Biomedicine' (1977) 196 Science 129

Entwistle VA and others, 'Lay Perspectives: Advantages for Health Research' (1998) 316 BMJ 463 <<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2665609/?tool=pmcentrez>>

""Fair Society Healthy Lives" (The Marmot Review) - IHE'

<<http://www.instituteofhealthequity.org/projects/fair-society-healthy-lives-the-marmot-review>>

Farmer P, 'Investigating the Root Causes of the Global Health Crisis: Paul Farmer on the TED Book "The Upstream Doctors"'

<<http://blog.ted.com/investigating-the-root-causes-of-the-global-health-crisis-paul-farmer-on-the-upstream-doctors/>>

Fava GA and Sonino N, 'The Biopsychosocial Model Thirty Years Later' (2008) 77  
Psychotherapy and Psychosomatics 1

Feng X and Wilson A, 'Getting Bigger, Quicker? Gendered Socioeconomic Trajectories in  
Body Mass Index across the Adult Lifecourse: A Longitudinal Study of 21,403 Australians'  
(2015) 10 PLOS ONE

Goering S, 'Rethinking Disability: The Social Model of Disability and Chronic Disease'  
(2015) 8 Current Reviews in Musculoskeletal Medicine 134

Graham H, Understanding Health Inequalities (2nd ed, McGraw Hill/Open University Press  
2009)  
<<http://lib.myilibrary.com/browse/open.asp?id=333834&entityid=https://idp.worc.ac.uk/oa/la/metadata>>

'Guide 48: Dying Well at Home: The Case for Integrated Working - Guide48.Pdf'  
<<https://www.scie.org.uk/publications/guides/guide48/files/guide48.pdf>>

'Health & Social Care in the Community'

'Health at Key Stages of Life : The Life Course Approach to Public Health (Brochure) -  
CorpBrochure\_lifecourse\_approach.Pdf'  
<[http://www.euro.who.int/\\_\\_data/assets/pdf\\_file/0019/140671/CorpBrochure\\_lifecourse\\_approach.pdf](http://www.euro.who.int/__data/assets/pdf_file/0019/140671/CorpBrochure_lifecourse_approach.pdf)>

'Health Education'

'Health Education Journal'

'Health Promotion International'

Health Studies: An Introduction (Third edition, Palgrave Macmillan 2015)  
<<http://ebookcentral.proquest.com/lib/worcester/detail.action?docID=4763354>>

'Health-Inequalities-and-Population-Health-1681147764421'  
<<https://www.nice.org.uk/advice/lgb4/resources/health-inequalities-and-population-health-1681147764421>>

Helme D, 'Trust Me, I'm a Patient: Pain Education for Professionals from a Lay Perspective'  
(2012) 6 British Journal of Pain 79

Horizon Scanning Programme Team, 'Risk Behaviours and Negative Outcomes. Trends in  
Risk Behaviours and Negative Outcomes amongst Children and Young People.'  
<[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/452169/data\\_pack\\_risk\\_behaviours\\_and\\_negative\\_outcomes.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/452169/data_pack_risk_behaviours_and_negative_outcomes.pdf)>

Hubley J, Copeman J and Woodall J, Practical Health Promotion (2nd edition, Polity 2013)

'Improving Young People's Health and Wellbeing: A Framework for Public Health - GOV.UK'  
<<https://www.gov.uk/government/publications/improving-young-peoples-health-and-wellbeing-a-framework-for-public-health>>

'Inequality Is Created' <<http://inequality.is/created>>

'International Journal of Health Promotion and Education'

'International Journal of Integrated Care (IJIC)'

'International Longevity Centre' <<https://ilcuk.org.uk/>>

'International Longevity Centre - UK'

<[http://www.ilcuk.org.uk/index.php/publications/publication\\_posts/C31](http://www.ilcuk.org.uk/index.php/publications/publication_posts/C31)>

Johannes Bircher, 'Defining Health by Addressing Individual, Social, and Environmental Determinants: New Opportunities for Health Care and Public Health' (2014) 35 Journal of Public Health Policy <<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4119253/>>

—, 'Will the Meikirch Model, a New Framework for Health, Induce a Paradigm Shift in Healthcare?' (2017) 9 Cureus <<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5383372/>>

Johnston B and Narayanasamy M, 'Exploring Psychosocial Interventions for People with Dementia That Enhance Personhood and Relate to Legacy- an Integrative Review' (2016) 16 BMC Geriatrics

'JRF. Joseph Rowntree Foundation' <<http://www.jrf.org.uk/>>

Kalmakis KA and Chandler GE, 'Health Consequences of Adverse Childhood Experiences: A Systematic Review' (2015) 27 Journal of the American Association of Nurse Practitioners 457

Keating, Norah C and Scharf T, From Exclusion to Inclusion in Old Age: A Global Challenge (Policy Press 2012)

<<https://ebookcentral.proquest.com/lib/worcester/detail.action?docID=981518>>

Kristén L and others, 'Future Challenges for Intervention Research in Health and Lifestyle Research—A Systematic Meta-Literature Review' (2015) 10 International Journal of Qualitative Studies on Health and Well-being

Landstedt E, Hammarström A and Winefield H, 'How Well Do Parental and Peer Relationships in Adolescence Predict Health in Adulthood?' (2015) 43 Scandinavian Journal of Social Medicine 460

—, 'How Well Do Parental and Peer Relationships in Adolescence Predict Health in Adulthood?' (2015) 43 Scandinavian Journal of Public Health 460

Larkin M, Health and Well-Being across the Life Course (SAGE 2013)

'Learning Disabilities Worldwide' <<http://www.ldworldwide.org/>>

'Life Course Reading along with Videos and Journals That Are Topic and/or Sector Specific'

'Life-Course-Influences-and-Well-Being-in-Later-Life-a-Review.Pdf'

<<http://justageing.equalityhumanrights.com/wp-content/uploads/2009/10/Life-course-influences-and-well-being-in-later-life-a-review.pdf>>

Lillycrop KA and Burdge GC, 'Epigenetic Changes in Early Life and Future Risk of Obesity' (2011) 35 International Journal of Obesity 72

<<http://www.nature.com/articles/ijo2010122.pdf>>

Livingston et al G, 'Dementia Prevention, Intervention, and Care' (2017) 390 The Lancet 2673

M. Huber, 'Health: How Should We Define It?'

<[https://www.researchgate.net/publication/288949201\\_Health\\_How\\_should\\_we\\_define\\_it](https://www.researchgate.net/publication/288949201_Health_How_should_we_define_it)>

Manchanda R, 'What Makes Us Get Sick? Look Upstream'

<[https://www.ted.com/talks/rishi\\_manchanda\\_what\\_makes\\_us\\_get\\_sick\\_look\\_upstream](https://www.ted.com/talks/rishi_manchanda_what_makes_us_get_sick_look_upstream)>

Marcus-Varwijk AE and others, 'Optimizing Tailored Health Promotion for Older Adults: Understanding Their Perspectives on Healthy Living' (2016) 2 Gerontology and Geriatric Medicine

'Mind Ed. A Free Educational Resource on Children and Young People's Mental Health for All Adults.' <<https://www.minded.org.uk>>

'Mind. The Mental Health Charity' <<http://www.mind.org.uk/>>

Mitchell G and others, 'Evaluation of "Dementia Friends" Programme for Undergraduate Nursing Students: Innovative Practice' (2017) 16 Dementia 1075

Naidoo J and Wills J (eds), Health Studies: An Introduction (Third edition, Palgrave Macmillan 2015)

—, Foundations for Health Promotion (Fourth edition, Elsevier 2016)

<<http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=9780702054440>>

'National Infant Screening'

<[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/674470/Screening\\_tests\\_for\\_you\\_and\\_your\\_baby\\_booklet.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/674470/Screening_tests_for_you_and_your_baby_booklet.pdf)>

'National Institute for Health and Care Excellence (NICE)' <<https://www.nice.org.uk>>

NHS England, 'Ambitions for Palliative and End of Life Care: A National Framework for Local Action 2021-2026'

<<https://www.england.nhs.uk/publication/ambitions-for-palliative-and-end-of-life-care-a-national-framework-for-local-action-2021-2026/>>

'Obesity in Wales' <<https://phw.nhs.wales/topics/obesity/obesity-in-wales-2019/>>

Oliver B and Pitt B, Working with Children, Young People and Families: A Course Book for

Foundation Degrees (Learning Matters 2011)

<<http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=9780857254238>>

Oliver M, 'The Social Model of Disability: Thirty Years On' (2013) 28 Disability & Society 1024

Paula Braveman, 'What Are Health Disparities and Health Equity? We Need to Be Clear' (2014) 129 Public Health Reports

<<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3863701/>>

'Perspectives in Public Health'

Public Health England, 'PHE Data and Analysis Tools. Data and Analysis Tools from across Public Health England (Previously Known as the 'Data and Knowledge Gateway')' (GOV.UK, 1AD) <<http://datagateway.phe.org.uk/>>

—, 'Chapter 6: Social Determinants of Health' (13AD)

<<https://www.gov.uk/government/publications/health-profile-for-england/chapter-6-social-determinants-of-health>>

'Public\_Health\_Approaches\_To\_End\_of\_Life\_Care\_Toolkit\_WEB.Pdf'

<[http://www.ncpc.org.uk/sites/default/files/Public\\_Health\\_Approaches\\_To\\_End\\_of\\_Life\\_Care\\_Toolkit\\_WEB.pdf](http://www.ncpc.org.uk/sites/default/files/Public_Health_Approaches_To_End_of_Life_Care_Toolkit_WEB.pdf)>

'Recovery' (Rethink Mental Illness)

<<http://www.rethink.org/living-with-mental-illness/recovery>>

Roberts J and Bell R, 'Social Inequalities in the Leading Causes of Early Death: A Life Course Approach'

<<http://www.instituteofhealthequity.org/resources-reports/social-inequalities-in-the-leading-causes-of-early-death-a-life-course-approach>>

Sanders MR and Kirby JN, 'A Public-Health Approach to Improving Parenting and Promoting Children's Well-Being' (2014) 8 Child Development Perspectives 250

Scambler G, 'Health Inequalities'

<<https://onlinelibrary.wiley.com.apollo.worc.ac.uk/doi/10.1111/j.1467-9566.2011.01387.x/epdf>>

Schickler P, 'Achieving Health or Achieving Wellbeing?' (2005) 4 Learning in Health and Social Care 217

'SCIE. The Social Care Institute for Excellence.' <<http://www.scie.org.uk/>>

Scriven A, Ewles L and Simnett I, Ewles & Simnett's Promoting Health: A Practical Guide (Seventh edition, Elsevier 2017)

<<http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=9780702066948>>

Shokouh, SMH, 'Conceptual Models of Social Determinants of Health: A Narrative Review'

(1AD) 46 Iranian journal of public health 435

Södergren M, 'Lifestyle Predictors of Healthy Ageing in Men' (2013) 75 Maturitas 113

South J, Meah A and Branney PE, "'Think Differently and Be Prepared to Demonstrate Trust": Findings from Public Hearings, England, on Supporting Lay People in Public Health Roles' (2012) 27 Health Promotion International 284

Sowa A and others, 'Predictors of Healthy Ageing: Public Health Policy Targets' (2016) 16 BMC Health Services Research

Stephens C and MyiLibrary, Health Promotion: A Psychosocial Approach, vol Health psychology (Open University Press 2008)  
<<http://lib.myilibrary.com/browse/open.asp?id=195324&entityid=https://idp.worc.ac.uk/oa/la/metadata>>

Stettler N, 'Nature and Strength of Epidemiological Evidence for Origins of Childhood and Adulthood Obesity in the First Year of Life' (2007) 31 International Journal of Obesity 1035

'Successful Young Adult Development - Successfuldevelopment.Pdf'  
<<https://docs.gatesfoundation.org/documents/successfuldevelopment.pdf>>

TEDx Talks, 'Social Determinants of Health: Claire Pomeroy at TEDxUCDavis'  
<<https://www.youtube.com/watch?v=qykD-2AXKIU>>

'The Effects of Poverty on Children's Socioemotional Development: An Ecological Systems Analysis. - Poverty on Childrens Socioemotional Development.Pdf'  
<<http://www2.gbcnv.edu/library/PDFs/Poverty%20on%20Childrens%20socioemotional%20development.pdf>>

'The Five Year Forward View for Mental Health - Mental-Health-Taskforce-FYFV-Final.Pdf'  
<<https://www.england.nhs.uk/wp-content/uploads/2016/02/Mental-Health-Taskforce-FYFV-final.pdf>>

'The King's Fund. Ideas That Change Health Care' <<http://www.kingsfund.org.uk/>>

Travers C, Lie D and Martin-Khan M, 'Dementia and the Population Health Approach: Promise, Pitfalls and Progress. An Australian Perspective' (2015) 25 Reviews in Clinical Gerontology 60

'UCL Institute of Health Equity - IHE' <<https://www.instituteofhealthequity.org/>>

'University of Worcester - Study Skills - Home' <<https://www.worcester.ac.uk/studyskills/>>

Wade DT and Halligan PW, 'Do Biomedical Models of Illness Make for Good Healthcare Systems?' (2004) 329 BMJ 1398  
<<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC535463/pdf/bmj32901398.pdf>>

Walker J, Social Work and Human Development, vol Transforming social work practice

(Fifth edition, Learning Matters 2017)

Webber M and others, 'Enhancing Social Networks: A Qualitative Study of Health and Social Care Practice in UK Mental Health Services' (2015) 23 Health & Social Care in the Community 180

Whitehead D, 'Before the Cradle and beyond the Grave: A Lifespan/Settings-Based Framework for Health Promotion' (2011) 20 Journal of Clinical Nursing 2183

'WHO. World Health Organization' <<http://www.who.int/en/>>

Wilkinson R, 'How Economic Inequality Harms Societies'  
<[https://www.ted.com/talks/richard\\_wilkinson#t-181397](https://www.ted.com/talks/richard_wilkinson#t-181397)>

'Working in Groups'  
<[https://www.worcester.ac.uk/studyskills/documents/Working\\_in\\_groups\\_2016.pdf](https://www.worcester.ac.uk/studyskills/documents/Working_in_groups_2016.pdf)>

'——' <[https://www.worcester.ac.uk/studyskills/documents/Working\\_in\\_groups\\_2016.pdf](https://www.worcester.ac.uk/studyskills/documents/Working_in_groups_2016.pdf)>

Yelnik A and Laffont I, 'The Psychological Aspects of Polio Survivors through Their Life Experience' (2010) 53 Annals of Physical and Rehabilitation Medicine 60

Yuill C, Crinson I and Duncan E, Key Concepts in Health Studies (Sage 2010)  
<<http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=9781446249567>>