

FDHS1210 Understanding Health and Health Promotion (UW & Partner)

University of Worcester - Lisa Porter. Halesowen College
- Louise Parker. Herefordshire and Ludlow College - Kate
James. The Learning Institute - Lorna Crouchen and
Peggy Bent.

View Online



'2901502_PHOF_Improving_Outcomes_PT1A_v1_1.pdf' (no date). Available at:
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/263658/2901502_PHOF_Improving_Outcomes_PT1A_v1_1.pdf.

Anwar-McHenry, J. et al. (2016) 'Implementing a Mentally Healthy Schools Framework based on the population wide Act-Belong-Commit mental health promotion campaign', *Health Education*, 116(6), pp. 561-579. Available at:
<https://doi.org/10.1108/HE-07-2015-0023>.

Arnett, Jeffrey Jensen. U Maryland, Dept of Human Development, College Park, MD, US (2000) 'Emerging adulthood: A theory of development from the late teens through the twenties.', *American Psychologist* [Preprint], (5). Available at:
<https://search-ebscohost-com.apollo.worc.ac.uk/login.aspx?direct=true&AuthType=ip,shib,cpid&custid=s6264444&db=pdh&AN=2000-15413-004&site=ehost-live&scope=site>.

Atwal, A. et al. (2015) 'Polio survivors' perceptions of the meaning of quality of life and strategies used to promote participation in everyday activities', *Health Expectations*, 18(5), pp. 715-726. Available at: <https://doi.org/10.1111/hex.12152>.

BAHADORI et al., M. (1AD) 'The Social Determinants of Health (SDH) in Iran: A Systematic Review Article', *Iranian journal of public health*, 44(6), pp. 728-741.

Barrow, G. (2014) '"Whatever!" The Wonderful Possibilities of Adolescence', *Transactional Analysis Journal*, 44(2), pp. 167-174. Available at:
<https://doi.org/10.1177/0362153714543077>.

Behavioural insights in health care | The Health Foundation (no date). Available at:
<http://www.health.org.uk/publication/behavioural-insights-health-care>.

Bennett, Clare (29AD) 'Promoting health in primary care', *Nursing standard*, 23(47).

Bingham, C. et al. (2013) 'Towards a social model approach?', *Personnel Review*, 42(5), pp. 613-637. Available at: <https://doi.org/10.1108/PR-08-2011-0120>.

Blaxter, M. (2010a) *Health*. 2nd ed. Cambridge: Polity.

Blaxter, M. (2010b) 'How is Health Defined', in *Health*. 2nd ed. Cambridge: Polity, pp. 4-25.

'BMJ. British medical journal (International ed.)' (no date).

du Bois-Reymond, M. (2016) 'Emerging Adulthood Theory Under Scrutiny', *Emerging Adulthood*, 4(4), pp. 242–243. Available at: <https://doi.org/10.1177/2167696815614422>.

Bowling, A. (2005) 'What is successful ageing and who should define it?', *BMJ*, 331(7531), pp. 1548–1551. Available at: <https://doi.org/10.1136/bmj.331.7531.1548>.

Brady, G., Lowe, P. and Olin Lauritzen, S. (2015) 'Connecting a sociology of childhood perspective with the study of child health, illness and wellbeing: introduction', *Sociology of Health & Illness*, 37(2), pp. 173–183. Available at: <https://doi.org/10.1111/1467-9566.12260>.

Burton, M., Pavord, E. and Williams, B. (2014) *An introduction to child and adolescent mental health*. Los Angeles: SAGE.

Campbell, D. (12AD) 'Health inequality gap "is still growing" in England, new Department of Health data shows', *The Observer* [Preprint]. Available at: <https://www.proquest.com/docview/1928112715/fulltext/CA22393007B14D67PQ/1?accountid=15133>.

'childhood-final-15-03 - childhood_disadvantage_health.pdf' (no date). Available at: http://hiaconnect.edu.au/old/files/childhood_disadvantage_health.pdf.

Chronic Diseases and Injuries in Canada - Canada.ca (no date). Available at: <https://www.canada.ca/en/public-health/services/reports-publications/health-promotion-chronic-disease-prevention-canada-research-policy-practice/vol-34-no-1-2014/supplement.html>.

'Common core of skills and knowledge for the childrens workforce.pdf' (no date). Available at: <http://www.yor-ok.org.uk/YorOK-Workforce/Common%20core%20of%20skills%20and%20knowledge%20for%20the%20childrens%20workforce.pdf>.

'Critical Public Health' (no date). Available at: <https://www-tandfonline-com.apollo.worc.ac.uk/loi/ccph20>.

Curtis, B. (2012) 'Understanding Tailored Internet Smoking Cessation Messages: A Reasoned Action Approach', *The ANNALS of the American Academy of Political and Social Science*, 640(1), pp. 136–149. Available at: <https://doi.org/10.1177/0002716211423642>.

Dahlgren, G. and Whitehead, M. (2006) 'European strategies for tackling social inequities in health: Levelling up Part 2'. WHO: The World Health Organization. Available at: http://www.euro.who.int/__data/assets/pdf_file/0018/103824/E89384.pdf.

Department of Health (2004) 'Choosing health: making healthy choices easier'. Available at: <http://www.nhshistory.net/choosing%20health%20summary.pdf>.

Department of Health & Social Care (no date). GOV.UK. Available at: <https://www.gov.uk/government/organisations/department-of-health>.

Department of Health and Social Care (3AD) 'Living Well With Dementia: a national dementia strategy. Strategic framework within for making quality improvements to dementia services and addressing health inequalities.' GOV.UK. Available at: <https://www.gov.uk/government/publications/living-well-with-dementia-a-national-dementia-strategy>.

Department of Health and Social Care (17AD) 'Improving mental health services for young people. Report of the work of the Children and Young People's Mental Health Taskforce.' GOV.UK. Available at: <https://www.gov.uk/government/publications/improving-mental-health-services-for-young-people>.

Department of Health and Social Care (26AD) 'Choice in end of life care. Sets out findings of an independent review into choice in end of life care.' GOV.UK. Available at: <https://www.gov.uk/government/publications/choice-in-end-of-life-care>.

Department of Health and Social Care (28AD) 'Valuing People - A New Strategy for Learning Disability for the 21st Century'. GOV.UK. Available at: <https://www.gov.uk/government/publications/valuing-people-a-new-strategy-for-learning-disability-for-the-21st-century>.

Department of Health and Social Care (30AD) 'Healthy lives, healthy people: our strategy for public health in England'. GOV.UK. Available at: <https://www.gov.uk/government/publications/healthy-lives-healthy-people-our-strategy-for-public-health-in-england>.

Dixon, B., Pena, M.-M. and Taveras, E.M. (2012) 'Lifecourse Approach to Racial/Ethnic Disparities in Childhood Obesity', *Advances in Nutrition: An International Review Journal*, 3(1), pp. 73-82. Available at: <https://doi.org/10.3945/an.111.000919>.

Dodge, R. et al. (2012) 'The challenge of defining wellbeing', *International Journal of Wellbeing*, 2(3), pp. 222-235. Available at: <https://doi.org/10.5502/ijw.v2i3.4>.

Edmond, N. and Price, M. (2012) *Integrated working with children and young people: supporting development from birth to nineteen*. London: SAGE. Available at: <http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=9781446258361>.

Elliott, C. (2015) '"Big Food" and "gamified" products: promotion, packaging, and the promise of fun', *Critical Public Health*, 25(3), pp. 348-360. Available at: <https://doi.org/10.1080/09581596.2014.953034>.

'End of Life Care Strategy - End_of_life_strategy.pdf' (no date). Available at: https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/136431/End_of_life_strategy.pdf.

Engel, G. (1977) 'The need for a new medical model: a challenge for biomedicine', *Science*, 196(4286), pp. 129-136. Available at: <https://doi.org/10.1126/science.847460>.

Entwistle, V.A. et al. (1998) 'Lay perspectives: advantages for health research', *BMJ*, 316(7129), pp. 463-466. Available at: <https://doi.org/10.1136/bmj.316.7129.463>.

'Fair Society Healthy Lives' (The Marmot Review) - IHE (no date). Available at: <http://www.instituteofhealthequity.org/projects/fair-society-healthy-lives-the-marmot-review>.

Farmer, P. (no date) 'Investigating the root causes of the global health crisis: Paul Farmer on the TED Book "The Upstream Doctors"''. Available at: <http://blog.ted.com/investigating-the-root-causes-of-the-global-health-crisis-paul-farmer-on-the-upstream-doctors/>.

Fava, G.A. and Sonino, N. (2008) 'The Biopsychosocial Model Thirty Years Later', *Psychotherapy and Psychosomatics*, 77(1), pp. 1-2. Available at: <https://doi.org/10.1159/000110052>.

Feng, X. and Wilson, A. (2015) 'Getting Bigger, Quicker? Gendered Socioeconomic Trajectories in Body Mass Index across the Adult Lifecourse: A Longitudinal Study of 21,403 Australians', *PLOS ONE*, 10(10). Available at: <https://doi.org/10.1371/journal.pone.0141499>.

Goering, S. (2015) 'Rethinking disability: the social model of disability and chronic disease', *Current Reviews in Musculoskeletal Medicine*, 8(2), pp. 134-138. Available at: <https://doi.org/10.1007/s12178-015-9273-z>.

Graham, H. (2009) *Understanding health inequalities*. 2nd ed. Maidenhead: McGraw Hill/Open University Press. Available at: <http://lib.mylibrary.com/browse/open.asp?id=333834&entityid=https://idp.worc.ac.uk/oala/metadata>.

'Guide 48: Dying well at home: the case for integrated working - guide48.pdf' (no date). Available at: <https://www.scie.org.uk/publications/guides/guide48/files/guide48.pdf>.

'Health & Social Care in the Community' (no date).

'Health at key stages of life : the life course approach to public health (brochure) - CorpBrochure_lifecourse_approach.pdf' (no date). Available at: http://www.euro.who.int/__data/assets/pdf_file/0019/140671/CorpBrochure_lifecourse_approach.pdf.

'Health Education' (no date).

'Health education journal' (no date).

'Health promotion international' (no date).

Health studies: an introduction. Third edition (2015). London, England: Palgrave Macmillan. Available at: <http://ebookcentral.proquest.com/lib/worcester/detail.action?docID=4763354>.

health-inequalities-and-population-health-1681147764421 (no date). Available at: <https://www.nice.org.uk/advice/lgb4/resources/health-inequalities-and-population-health-1681147764421>.

Helme, D. (2012) 'Trust me, I'm a patient: pain education for professionals from a lay perspective', *British Journal of Pain*, 6(2), pp. 79–80. Available at: <https://doi.org/10.1177/2049463712443448>.

Horizon Scanning Programme Team (no date) 'Risk behaviours and negative outcomes. Trends in risk behaviours and negative outcomes amongst children and young people.' Horizon Scanning Programme Team. Available at: https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/452169/data_pack_risk_behaviours_and_negative_outcomes.pdf.

Hubley, J., Copeman, J. and Woodall, J. (2013) *Practical health promotion*. 2nd edition. Cambridge: Polity.

Improving young people's health and wellbeing: a framework for public health - GOV.UK (no date). Available at: <https://www.gov.uk/government/publications/improving-young-peoples-health-and-wellbeing-a-framework-for-public-health>.

Inequality is created (no date). Available at: <http://inequality.is/created>.

'International journal of health promotion and education' (no date).

'International Journal of Integrated Care (IJIC)' (no date).

International Longevity Centre (no date). Available at: <https://ilcuk.org.uk/>.

International Longevity Centre - UK (no date). Available at: http://www.ilcuk.org.uk/index.php/publications/publication_posts/C31.

Johannes Bircher (2014) 'Defining health by addressing individual, social, and environmental determinants: New opportunities for health care and public health', *Journal of Public Health Policy*, 35(3). Available at: <https://doi.org/doi:10.1057/jphp.2014.19>.

Johannes Bircher (2017) 'Will the Meikirch Model, a New Framework for Health, Induce a Paradigm Shift in Healthcare?', *Cureus*, 9(3). Available at: <https://doi.org/doi:10.7759/cureus.1081>.

Johnston, B. and Narayanasamy, M. (2016) 'Exploring psychosocial interventions for people with dementia that enhance personhood and relate to legacy- an integrative review', *BMC Geriatrics*, 16(1). Available at: <https://doi.org/10.1186/s12877-016-0250-1>.

JRF. Joseph Rowntree Foundation (no date). Available at: <http://www.jrf.org.uk/>.

Kalmakis, K.A. and Chandler, G.E. (2015) 'Health consequences of adverse childhood experiences: A systematic review', *Journal of the American Association of Nurse Practitioners*, 27(8), pp. 457–465. Available at: <https://doi.org/10.1002/2327-6924.12215>.
Keating, Norah C and Scharf, T. (2012) *From Exclusion to Inclusion in Old Age: A Global Challenge*. Policy Press. Available at: <https://ebookcentral.proquest.com/lib/worcester/detail.action?docID=981518>.

Kristén, L. et al. (2015) 'Future challenges for intervention research in health and lifestyle

- research—A systematic meta-literature review', *International Journal of Qualitative Studies on Health and Well-being*, 10(1). Available at: <https://doi.org/10.3402/qhw.v10.27326>.
- Landstedt, E., Hammarström, A. and Winefield, H. (2015a) 'How well do parental and peer relationships in adolescence predict health in adulthood?', *Scandinavian Journal of Social Medicine*, 43(5), pp. 460–468. Available at: <https://doi.org/10.1177/1403494815576360>.
- Landstedt, E., Hammarström, A. and Winefield, H. (2015b) 'How well do parental and peer relationships in adolescence predict health in adulthood?', *Scandinavian Journal of Public Health*, 43(5), pp. 460–468. Available at: <https://doi.org/10.1177/1403494815576360>.
- Larkin, M. (2013) *Health and well-being across the life course*. Los Angeles: SAGE.
- Learning Disabilities Worldwide (no date). Available at: <http://www.ldworldwide.org/>.
- 'Life course Reading along with Videos and Journals that are topic and/or sector specific' (no date).
- 'Life-course-influences-and-well-being-in-later-life-a-review.pdf' (no date). Available at: <http://justageing.equalityhumanrights.com/wp-content/uploads/2009/10/Life-course-influences-and-well-being-in-later-life-a-review.pdf>.
- Lillicrop, K.A. and Burdge, G.C. (2011) 'Epigenetic changes in early life and future risk of obesity', *International Journal of Obesity*, 35(1), pp. 72–83. Available at: <https://doi.org/10.1038/ijo.2010.122>.
- Livingston et al, G. (2017) 'Dementia prevention, intervention, and care', *The Lancet*, 390(10113), pp. 2673–2734. Available at: [https://doi.org/10.1016/S0140-6736\(17\)31363-6](https://doi.org/10.1016/S0140-6736(17)31363-6).
- M. Huber (2011) 'Health: How should we define it?' Available at: https://www.researchgate.net/publication/288949201_Health_How_should_we_define_it.
- Manchanda, R. (2014) 'What makes us get sick? Look upstream'. TED.com. Available at: https://www.ted.com/talks/rishi_manchanda_what_makes_us_get_sick_look_upstream.
- Marcus-Varwijk, A.E. et al. (2016) 'Optimizing Tailored Health Promotion for Older Adults: Understanding Their Perspectives on Healthy Living', *Gerontology and Geriatric Medicine*, 2. Available at: <https://doi.org/10.1177/2333721415625293>.
- Mind Ed. A free educational resource on children and young people's mental health for all adults. (no date). Available at: <https://www.minded.org.uk>.
- Mind. The mental health charity (no date). Available at: <http://www.mind.org.uk/>.
- Mitchell, G. et al. (2017) 'Evaluation of "Dementia Friends" programme for undergraduate nursing students: Innovative practice', *Dementia*, 16(8), pp. 1075–1080. Available at: <https://doi.org/10.1177/1471301216638589>.
- Naidoo, J. and Wills, J. (eds) (2015) *Health studies: an introduction*. Third edition. Basingstoke: Palgrave Macmillan.

Naidoo, J. and Wills, J. (2016) Foundations for health promotion. Fourth edition. [London]: Elsevier. Available at:
<http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=9780702054440>.

'National Infant Screening' (no date). Available at:
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/674470/Screening_tests_for_you_and_your_baby_booklet.pdf.

National Institute for Health and Care Excellence (NICE) (no date). Available at:
<https://www.nice.org.uk>.

NHS England (10AD) 'Ambitions for Palliative and End of Life Care: A national framework for local action 2021-2026'. NHS UK. Available at:
<https://www.england.nhs.uk/publication/ambitions-for-palliative-and-end-of-life-care-a-national-framework-for-local-action-2021-2026/>.

'Obesity in Wales' (2019). Public Health Wales NHS Trust. Available at:
<https://phw.nhs.wales/topics/obesity/obesity-in-wales-2019/>.

Oliver, B. and Pitt, B. (2011) Working with children, young people and families: a course book for foundation degrees. Exeter: Learning Matters. Available at:
<http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=9780857254238>.

Oliver, M. (2013) 'The social model of disability: thirty years on', Disability & Society, 28(7), pp. 1024–1026. Available at: <https://doi.org/10.1080/09687599.2013.818773>.

Paula Braveman (2014) 'What Are Health Disparities and Health Equity? We Need to Be Clear', Public Health Reports, 129(Suppl 2). Available at: <https://doi.org/doi:10.1177/003335491412915203>.

'Perspectives in public health' (no date).

Public Health England (1AD) PHE data and analysis tools. Data and analysis tools from across Public Health England (previously known as the 'Data and knowledge gateway'), GOV.UK. Available at: <http://datagateway.phe.org.uk/>.

Public Health England (13AD) Chapter 6: social determinants of health. GOV.UK. Available at:
<https://www.gov.uk/government/publications/health-profile-for-england/chapter-6-social-determinants-of-health>.

'Public_Health_Approaches_To_End_of_Life_Care_Toolkit_WEB.pdf' (no date). Available at:
http://www.ncpc.org.uk/sites/default/files/Public_Health_Approaches_To_End_of_Life_Care_Toolkit_WEB.pdf.

Recovery (no date) Rethink Mental Illness. Available at:
<http://www.rethink.org/living-with-mental-illness/recovery>.

Roberts, J. and Bell, R. (2015) 'Social inequalities in the leading causes of early death: a life

course approach'. Institute of Health Equity. Available at:
<http://www.instituteofhealthequity.org/resources-reports/social-inequalities-in-the-leading-causes-of-early-death-a-life-course-approach>.

Sanders, M.R. and Kirby, J.N. (2014) 'A Public-Health Approach to Improving Parenting and Promoting Children's Well-Being', *Child Development Perspectives*, 8(4), pp. 250–257. Available at: <https://doi.org/10.1111/cdep.12086>.

Scambler, G. (no date) 'Health Inequalities'. Available at:
<https://onlinelibrary.wiley.com.apollo.worc.ac.uk/doi/10.1111/j.1467-9566.2011.01387.x/epdf>.

Schickler, P. (2005) 'Achieving health or achieving wellbeing?', *Learning in Health and Social Care*, 4(4), pp. 217–227. Available at:
<https://doi.org/10.1111/j.1473-6861.2005.00100.x>.

SCIE. The Social Care Institute for Excellence. (no date). Available at:
<http://www.scie.org.uk/>.

Scriven, A., Ewles, L. and Simnett, I. (2017) *Ewles & Simnett's promoting health: a practical guide*. Seventh edition. Edinburgh: Elsevier. Available at:
<http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=9780702066948>.

Shokouh, SMH (1AD) 'Conceptual Models of Social Determinants of Health: A Narrative Review', *Iranian journal of public health*, 46(4), pp. 435–446.

Södergren, M. (2013) 'Lifestyle predictors of healthy ageing in men', *Maturitas*, 75(2), pp. 113–117. Available at: <https://doi.org/10.1016/j.maturitas.2013.02.011>.

South, J., Meah, A. and Branney, P.E. (2012) '"Think differently and be prepared to demonstrate trust": findings from public hearings, England, on supporting lay people in public health roles', *Health Promotion International*, 27(2), pp. 284–294. Available at:
<https://doi.org/10.1093/heapro/dar022>.

Sowa, A. et al. (2016) 'Predictors of healthy ageing: public health policy targets', *BMC Health Services Research*, 16(S5). Available at:
<https://doi.org/10.1186/s12913-016-1520-5>.

Stephens, C. and MyiLibrary (2008) *Health promotion: a psychosocial approach*. Maidenhead, UK: Open University Press. Available at:
<http://lib.myilibrary.com/browse/open.asp?id=195324&entityid=https://idp.worc.ac.uk/oala/metadata>.

Stettler, N. (2007) 'Nature and strength of epidemiological evidence for origins of childhood and adulthood obesity in the first year of life', *International Journal of Obesity*, 31(7), pp. 1035–1043. Available at: <https://doi.org/10.1038/sj.ijo.0803659>.

'Successful Young Adult Development - successfuldevelopment.pdf' (no date). Available at:
<https://docs.gatesfoundation.org/documents/successfuldevelopment.pdf>.

TEDx Talks (12AD) 'Social Determinants of Health: Claire Pomeroy at TEDxUCDavis'. YouTube. Available at: <https://www.youtube.com/watch?v=qykD-2AXKIU>.

'The Effects of Poverty on Children's Socioemotional Development: An Ecological Systems Analysis. - Poverty on Childrens socioemotional development.pdf' (no date). Available at: <http://www2.gbcnv.edu/library/PDFs/Poverty%20on%20Childrens%20socioemotional%20development.pdf>.

'The Five Year Forward View for Mental Health - Mental-Health-Taskforce-FYFV-final.pdf' (no date). Available at: <https://www.england.nhs.uk/wp-content/uploads/2016/02/Mental-Health-Taskforce-FYFV-final.pdf>.

The King's Fund. Ideas that change health care (no date). Available at: <http://www.kingsfund.org.uk/>.

Travers, C., Lie, D. and Martin-Khan, M. (2015) 'Dementia and the population health approach: promise, pitfalls and progress. An Australian perspective', *Reviews in Clinical Gerontology*, 25(01), pp. 60–71. Available at: <https://doi.org/10.1017/S0959259814000203>.

UCL Institute of Health Equity - IHE (no date). Available at: <https://www.instituteofhealthequity.org/>.

University of Worcester - Study Skills - Home (no date). Available at: <https://www.worcester.ac.uk/studyskills/>.

Wade, D.T. and Halligan, P.W. (2004) 'Do biomedical models of illness make for good healthcare systems?', *BMJ*, 329(7479), pp. 1398–1401. Available at: <https://doi.org/10.1136/bmj.329.7479.1398>.

Walker, J. (2017) *Social work and human development*. Fifth edition. Los Angeles: Learning Matters.

Webber, M. et al. (2015) 'Enhancing social networks: a qualitative study of health and social care practice in UK mental health services', *Health & Social Care in the Community*, 23(2), pp. 180–189. Available at: <https://doi.org/10.1111/hsc.12135>.

Whitehead, D. (2011) 'Before the cradle and beyond the grave: a lifespan/settings-based framework for health promotion', *Journal of Clinical Nursing*, 20(15–16), pp. 2183–2194. Available at: <https://doi.org/10.1111/j.1365-2702.2010.03674.x>.

WHO. World Health Organization (no date). Available at: <http://www.who.int/en/>.

Wilkinson, R. (2011) 'How economic inequality harms societies'. TEDGlobal. Available at: https://www.ted.com/talks/richard_wilkinson#t-181397.

'Working in groups' (no date a). Available at: https://www.worcester.ac.uk/studyskills/documents/Working_in_groups_2016.pdf.

'Working in groups' (no date b). Available at:

https://www.worcester.ac.uk/studyskills/documents/Working_in_groups_2016.pdf.

Yelnik, A. and Laffont, I. (2010) 'The psychological aspects of polio survivors through their life experience', *Annals of Physical and Rehabilitation Medicine*, 53(1), pp. 60–67. Available at: <https://doi.org/10.1016/j.rehab.2009.11.006>.

Yuill, C., Crinson, I. and Duncan, E. (2010) *Key concepts in health studies*. Los Angeles, [Calif.]: Sage. Available at:
<http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=9781446249567>.