FDHS1210 Understanding Health and Health Promotion (UW & Partner)

View Online

University of Worcester - Lisa Porter. Halesowen College - Louise Parker. Herefordshire and Ludlow College - Kate James. The Learning Institute - Lorna Crouchen and Peggy Bent.

2901502_PHOF_Improving_Outcomes_PT1A_v1_1.pdf. (n.d.).
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/263658/290
1502_PHOF_Improving_Outcomes_PT1A_v1_1.pdf

Anwar-McHenry, J., Donovan, R. J., Nicholas, A., Kerrigan, S., Francas, S., & Phan, T. (2016).
Implementing a Mentally Healthy Schools Framework based on the population wide
Act-Belong-Commit mental health promotion campaign. Health Education, 116(6),
561–579. https://doi.org/10.1108/HE-07-2015-0023

Arnett, Jeffrey Jensen. U Maryland, Dept of Human Development, College Park, MD, US.
(2000). Emerging adulthood: A theory of development from the late teens through the
twenties. American Psychologist, 5.
https://search-ebscohost-com.apollo.worc.ac.uk/login.aspx?direct=true&AuthType=ip,shib,
cpid&custid=s6264444&db=pdh&AN=2000-15413-004&site=ehost-live&scope=site

Atwal, A., Spiliotopoulou, G., Coleman, C., Harding, K., Quirke, C., Smith, N., Osseiran, Z.,
Plastow, N., & Wilson, L. (2015). Polio survivors' perceptions of the meaning of quality of
life and strategies used to promote participation in everyday activities. Health
Expectations, 18(5), 715–726. https://doi.org/10.1111/hex.12152

BAHADORI et al., M. (1 C.E.). The Social Determinants of Health (SDH) in Iran: A Systematic
Review Article. Iranian Journal of Public Health, 44(6), 728–741.

Barrow, G. (2014). 'Whatever!' The Wonderful Possibilities of Adolescence. Transactional
Analysis Journal, 44(2), 167–174. https://doi.org/10.1177/0362153714543077

Behavioural insights in health care | The Health Foundation. (n.d.).
http://www.health.org.uk/publication/behavioural-insights-health-care

Bennett, Clare. (29 C.E.). Promoting health in primary care. Nursing Standard, 23(47).

Bingham, C., Clarke, L., Michielsens, E., & Van de Meer, M. (2013). Towards a social model
approach? Personnel Review, 42(5), 613–637. https://doi.org/10.1108/PR-08-2011-0120

Blaxter, M. (2010a). Health (2nd ed). Polity.

Blaxter, M. (2010b). How is Health Defined. In Health (2nd ed, pp. 4–25). Polity.

BMJ. British medical journal (International ed.). (n.d.).

Bowling, A. (2005). What is successful ageing and who should define it? BMJ, 331(7531), 1548–1551. https://doi.org/10.1136/bmj.331.7531.1548

Brady, G., Lowe, P., & Olin Lauritzen, S. (2015). Connecting a sociology of childhood perspective with the study of child health, illness and wellbeing: introduction. Sociology of Health & Illness, 37(2), 173–183. https://doi.org/10.1111/1467-9566.12260

Burton, M., Pavord, E., & Williams, B. (2014). An introduction to child and adolescent mental health. SAGE.

Campbell, D. (12 C.E.). Health inequality gap 'is still growing' in England, new Department of Health data shows. The Observer. https://www.proquest.com/docview/1928112715/fulltext/CA22393007B14D67PQ/1?accountid=15133

childhood-final-15-03 - childhood_disadvantage_health.pdf. (n.d.). http://hiaconnect.edu.au/old/files/childhood_disadvantage_health.pdf

Chronic Diseases and Injuries in Canada - Canada.ca. (n.d.). https://www.canada.ca/en/public-health/services/reports-publications/health-promotion-chronic-disease-prevention-canada-research-policy-practice/vol-34-no-1-2014/supplement.html

Common core of skills and knowledge for the childrens workforce.pdf. (n.d.). http://www.yor-ok.org.uk/YorOK-Workforce/Common%20core%20of%20skills%20and%20knowledge%20for%20the%20childrens%20workforce.pdf

Critical Public Health. (n.d.). https://www-tandfonline-com.apollo.worc.ac.uk/loi/ccph20

Curtis, B. (2012). Understanding Tailored Internet Smoking Cessation Messages: A Reasoned Action Approach. The ANNALS of the American Academy of Political and Social Science, 640(1), 136–149. https://doi.org/10.1177/0002716211423642

Dahlgren, G., & Whitehead, M. (2006). European strategies for tackling social inequities in health: Levelling up Part 2. WHO: The World Health Organization. http://www.euro.who.int/__data/assets/pdf_file/0018/103824/E89384.pdf

Department of Health. (2004). Choosing health: making healthy choices easier. http://www.nhshistory.net/choosing%20health%20summary.pdf

Department of Health & Social Care. (n.d.). GOV.UK. https://www.gov.uk/government/organisations/department-of-health

Department of Health and Social Care. (3 C.E.). Living Well With Dementia: a national dementia strategy. Strategic framework within for making quality improvements to dementia services and addressing health inequalities. GOV.UK. https://www.gov.uk/government/publications/living-well-with-dementia-a-national-dementia-strategy

Department of Health and Social Care. (17 C.E.). Improving mental health services for young people. Report of the work of the Children and Young People's Mental Health Taskforce. GOV.UK.
https://www.gov.uk/government/publications/improving-mental-health-services-for-young-people

Department of Health and Social Care. (26 C.E.). Choice in end of life care. Sets out findings of an independent review into choice in end of life care. GOV.UK.
https://www.gov.uk/government/publications/choice-in-end-of-life-care

Department of Health and Social Care. (28 C.E.). Valuing People - A New Strategy for Learning Disability for the 21st Century. GOV.UK.
https://www.gov.uk/government/publications/valuing-people-a-new-strategy-for-learning-disability-for-the-21st-century

Department of Health and Social Care. (30 C.E.). Healthy lives, healthy people: our strategy for public health in England. GOV.UK.
https://www.gov.uk/government/publications/healthy-lives-healthy-people-our-strategy-for-public-health-in-england

Dixon, B., Pena, M.-M., & Taveras, E. M. (2012). Lifecourse Approach to Racial/Ethnic Disparities in Childhood Obesity. Advances in Nutrition: An International Review Journal, 3 (1), 73–82. https://doi.org/10.3945/an.111.000919

Dodge, R., Daly, A., Huyton, J., & Sanders, L. (2012). The challenge of defining wellbeing. International Journal of Wellbeing, 2(3), 222–235. https://doi.org/10.5502/ijw.v2i3.4

du Bois-Reymond, M. (2016). Emerging Adulthood Theory Under Scrutiny. Emerging Adulthood, 4(4), 242–243. https://doi.org/10.1177/2167696815614422

Edmond, N., & Price, M. (2012). Integrated working with children and young people: supporting development from birth to nineteen. SAGE.
http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=9781446258361

Elliott, C. (2015). 'Big Food' and 'gamified' products: promotion, packaging, and the promise of fun. Critical Public Health, 25(3), 348–360.
https://doi.org/10.1080/09581596.2014.953034

End of Life Care Strategy - End_of_life_strategy.pdf. (n.d.).
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/136431/End_of_life_strategy.pdf

Engel, G. (1977). The need for a new medical model: a challenge for biomedicine. Science, 196(4286), 129–136. https://doi.org/10.1126/science.847460

Entwistle, V. A., Renfrew, M. J., Yearley, S., Forrester, J., & Lamont, T. (1998). Lay perspectives: advantages for health research. BMJ, 316(7129), 463–466.
https://doi.org/10.1136/bmj.316.7129.463

'Fair Society Healthy Lives' (The Marmot Review) - IHE. (n.d.).

http://www.instituteofhealthequity.org/projects/fair-society-healthy-lives-the-marmot-revie
w

Farmer, P. (n.d.). Investigating the root causes of the global health crisis: Paul Farmer on
the TED Book "The Upstream Doctors".
http://blog.ted.com/investigating-the-root-causes-of-the-global-health-crisis-paul-farmer-on
-the-upstream-doctors/

Fava, G. A., & Sonino, N. (2008). The Biopsychosocial Model Thirty Years Later.
Psychotherapy and Psychosomatics, 77(1), 1–2. https://doi.org/10.1159/000110052

Feng, X., & Wilson, A. (2015). Getting Bigger, Quicker? Gendered Socioeconomic
Trajectories in Body Mass Index across the Adult Lifecourse: A Longitudinal Study of
21,403 Australians. PLOS ONE, 10(10). https://doi.org/10.1371/journal.pone.0141499

Goering, S. (2015). Rethinking disability: the social model of disability and chronic disease.
Current Reviews in Musculoskeletal Medicine, 8(2), 134–138.
https://doi.org/10.1007/s12178-015-9273-z

Graham, H. (2009). Understanding health inequalities (2nd ed). McGraw Hill/Open
University Press.
http://lib.myilibrary.com/browse/open.asp?id=333834&entityid=https://idp.worc.ac.uk/oala
/metadata

Guide 48: Dying well at home: the case for integrated working - guide48.pdf. (n.d.).
https://www.scie.org.uk/publications/guides/guide48/files/guide48.pdf

Health & Social Care in the Community. (n.d.).

Health at key stages of life : the life course approach to public health (brochure) -
CorpBrochure_lifecourse_approach.pdf. (n.d.).
http://www.euro.who.int/__data/assets/pdf_file/0019/140671/CorpBrochure_lifecourse_appr
oach.pdf

Health Education. (n.d.).

Health education journal. (n.d.).

Health promotion international. (n.d.).

Health studies: an introduction (Third edition). (2015). Palgrave Macmillan.
http://ebookcentral.proquest.com/lib/worcester/detail.action?docID=4763354

health-inequalities-and-population-health-1681147764421. (n.d.).
https://www.nice.org.uk/advice/lgb4/resources/health-inequalities-and-population-health-1
681147764421

Helme, D. (2012). Trust me, I'm a patient: pain education for professionals from a lay
perspective. British Journal of Pain, 6(2), 79–80.
https://doi.org/10.1177/2049463712443448

Horizon Scanning Programme Team. (n.d.). Risk behaviours and negative outcomes. Trends in risk behaviours and negative outcomes amongst children and young people. Horizon Scanning Programme Team. https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/452169/dat a_pack_risk_behaviours_and_negative_outcomes.pdf

Hubley, J., Copeman, J., & Woodall, J. (2013). Practical health promotion (2nd edition). Polity.

Improving young people's health and wellbeing: a framework for public health - GOV.UK. (n.d.). https://www.gov.uk/government/publications/improving-young-peoples-health-and-wellbein g-a-framework-for-public-health

Inequality is created. (n.d.). http://inequality.is/created

International journal of health promotion and education. (n.d.).

International Journal of Integrated Care (IJIC). (n.d.).

International Longevity Centre. (n.d.). https://ilcuk.org.uk/

International Longevity Centre - UK. (n.d.). http://www.ilcuk.org.uk/index.php/publications/publication_posts/C31

Johannes Bircher. (2014). Defining health by addressing individual, social, and environmental determinants: New opportunities for health care and public health. Journal of Public Health Policy, 35(3). https://doi.org/doi: 10.1057/jphp.2014.19

Johannes Bircher. (2017). Will the Meikirch Model, a New Framework for Health, Induce a Paradigm Shift in Healthcare? Cureus, 9(3). https://doi.org/doi: 10.7759/cureus.1081

Johnston, B., & Narayanasamy, M. (2016). Exploring psychosocial interventions for people with dementia that enhance personhood and relate to legacy- an integrative review. BMC Geriatrics, 16(1). https://doi.org/10.1186/s12877-016-0250-1

JRF. Joseph Rowntree Foundation. (n.d.). http://www.jrf.org.uk/

Kalmakis, K. A., & Chandler, G. E. (2015). Health consequences of adverse childhood experiences: A systematic review. Journal of the American Association of Nurse Practitioners, 27(8), 457–465. https://doi.org/10.1002/2327-6924.12215

Keating, Norah C, & Scharf, T. (2012). From Exclusion to Inclusion in Old Age: A Global Challange. Policy Press. https://ebookcentral.proquest.com/lib/worcester/detail.action?docID=981518

Kristén, L., Ivarsson, A., Parker, J., & Ziegert, K. (2015). Future challenges for intervention research in health and lifestyle research—A systematic meta-literature review. International Journal of Qualitative Studies on Health and Well-Being, 10(1). https://doi.org/10.3402/qhw.v10.27326

Landstedt, E., Hammarström, A., & Winefield, H. (2015a). How well do parental and peer relationships in adolescence predict health in adulthood? Scandinavian Journal of Social Medicine, 43(5), 460–468. https://doi.org/10.1177/1403494815576360

Landstedt, E., Hammarström, A., & Winefield, H. (2015b). How well do parental and peer relationships in adolescence predict health in adulthood? Scandinavian Journal of Public Health, 43(5), 460–468. https://doi.org/10.1177/1403494815576360

Larkin, M. (2013). Health and well-being across the life course. SAGE.

Learning Disabilities Worldwide. (n.d.). http://www.ldworldwide.org/

Life course Reading along with Videos and Journals that are topic and/or sector specific. (n.d.).

Life-course-influences-and-well-being-in-later-life-a-review.pdf. (n.d.). http://justageing.equalityhumanrights.com/wp-content/uploads/2009/10/Life-course-influences-and-well-being-in-later-life-a-review.pdf

Lillycrop, K. A., & Burdge, G. C. (2011). Epigenetic changes in early life and future risk of obesity. International Journal of Obesity, 35(1), 72–83. https://doi.org/10.1038/ijo.2010.122

Livingston et al, G. (2017). Dementia prevention, intervention, and care. The Lancet, 390 (10113), 2673–2734. https://doi.org/10.1016/S0140-6736(17)31363-6

M. Huber. (2011). Health: How should we define it? https://www.researchgate.net/publication/288949201_Health_How_should_we_define_it

Manchanda, R. (2014). What makes us get sick? Look upstream. TED.com. https://www.ted.com/talks/rishi_manchanda_what_makes_us_get_sick_look_upstream

Marcus-Varwijk, A. E., Koopmans, M., Visscher, T. L. S., Seidell, J. C., Slaets, J. P. J., & Smits, C. H. M. (2016). Optimizing Tailored Health Promotion for Older Adults: Understanding Their Perspectives on Healthy Living. Gerontology and Geriatric Medicine, 2. https://doi.org/10.1177/2333721415625293

Mind Ed. A free educational resource on children and young people's mental health for all adults. (n.d.). https://www.minded.org.uk

Mind. The mental health charity. (n.d.). http://www.mind.org.uk/

Mitchell, G., McGreevy, J., Carlisle, S., Frazer, P., Traynor, M., Lundy, H., Diamond, M., & Agnelli, J. (2017). Evaluation of 'Dementia Friends' programme for undergraduate nursing students: Innovative practice. Dementia, 16(8), 1075–1080. https://doi.org/10.1177/1471301216638589

Naidoo, J., & Wills, J. (Eds.). (2015). Health studies: an introduction (Third edition). Palgrave Macmillan.

Naidoo, J., & Wills, J. (2016). Foundations for health promotion (Fourth edition). Elsevier.

http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=97807020
54440

National Infant Screening. (n.d.).
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/674470/Scr
eening_tests_for_you_and_your_baby_booklet.pdf

National Institute for Health and Care Excellence (NICE). (n.d.). https://www.nice.org.uk

NHS England. (10 C.E.). Ambitions for Palliative and End of Life Care: A national framework
for local action 2021-2026. NHS UK.
https://www.england.nhs.uk/publication/ambitions-for-palliative-and-end-of-life-care-a-nati
onal-framework-for-local-action-2021-2026/

Obesity in Wales. (2019). Public Health Wales NHS Trust.
https://phw.nhs.wales/topics/obesity/obesity-in-wales-2019/

Oliver, B., & Pitt, B. (2011). Working with children, young people and families: a course
book for foundation degrees. Learning Matters.
http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=978085725423
8

Oliver, M. (2013). The social model of disability: thirty years on. Disability & Society, 28(7),
1024–1026. https://doi.org/10.1080/09687599.2013.818773

Paula Braveman. (2014). What Are Health Disparities and Health Equity? We Need to Be
Clear. Public Health Reports, 129(Suppl 2). https://doi.org/doi:
10.1177/00333549141291S203

Perspectives in public health. (n.d.).

Public Health England. (1 C.E.). PHE data and analysis tools. Data and analysis tools from
across Public Health England (previously known as the 'Data and knowledge gateway').
GOV.UK. http://datagateway.phe.org.uk/

Public Health England. (13 C.E.). Chapter 6: social determinants of health. GOV.UK.
https://www.gov.uk/government/publications/health-profile-for-england/chapter-6-social-de
terminants-of-health

Public_Health_Approaches_To_End_of_Life_Care_Toolkit_WEB.pdf. (n.d.).
http://www.ncpc.org.uk/sites/default/files/Public_Health_Approaches_To_End_of_Life_Care_
Toolkit_WEB.pdf

Recovery. (n.d.). Rethink Mental Illness.
http://www.rethink.org/living-with-mental-illness/recovery

Roberts, J., & Bell, R. (2015). Social inequalities in the leading causes of early death: a life
course approach. Institute of Health Equity.
http://www.instituteofhealthequity.org/resources-reports/social-inequalities-in-the-leading-
causes-of-early-death-a-life-course-approach

Sanders, M. R., & Kirby, J. N. (2014). A Public-Health Approach to Improving Parenting and Promoting Children's Well-Being. Child Development Perspectives, 8(4), 250–257. https://doi.org/10.1111/cdep.12086

Scambler, G. (n.d.). Health Inequalities. https://onlinelibrary.wiley.com.apollo.worc.ac.uk/doi/10.1111/j.1467-9566.2011.01387.x/epdf

Schickler, P. (2005). Achieving health or achieving wellbeing? Learning in Health and Social Care, 4(4), 217–227. https://doi.org/10.1111/j.1473-6861.2005.00100.x

SCIE. The Social Care Institute for Excellence. (n.d.). http://www.scie.org.uk/

Scriven, A., Ewles, L., & Simnett, I. (2017). Ewles & Simnett's promoting health: a practical guide (Seventh edition). Elsevier. http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=9780702066948

Shokouh, SMH. (1 C.E.). Conceptual Models of Social Determinants of Health: A Narrative Review. Iranian Journal of Public Health, 46(4), 435–446.

Södergren, M. (2013). Lifestyle predictors of healthy ageing in men. Maturitas, 75(2), 113–117. https://doi.org/10.1016/j.maturitas.2013.02.011

South, J., Meah, A., & Branney, P. E. (2012). 'Think differently and be prepared to demonstrate trust': findings from public hearings, England, on supporting lay people in public health roles. Health Promotion International, 27(2), 284–294. https://doi.org/10.1093/heapro/dar022

Sowa, A., Tobiasz-Adamczyk, B., Topór-Mądry, R., Poscia, A., & la Milia, D. I. (2016). Predictors of healthy ageing: public health policy targets. BMC Health Services Research, 16(S5). https://doi.org/10.1186/s12913-016-1520-5

Stephens, C. & MyiLibrary. (2008). Health promotion: a psychosocial approach: Vol. Health psychology. Open University Press. http://lib.myilibrary.com/browse/open.asp?id=195324&entityid=https://idp.worc.ac.uk/oala/metadata

Stettler, N. (2007). Nature and strength of epidemiological evidence for origins of childhood and adulthood obesity in the first year of life. International Journal of Obesity, 31 (7), 1035–1043. https://doi.org/10.1038/sj.ijo.0803659

Successful Young Adult Development - successfuldevelopment.pdf. (n.d.). https://docs.gatesfoundation.org/documents/successfuldevelopment.pdf

TEDx Talks. (12 C.E.). Social Determinants of Health: Claire Pomeroy at TEDxUCDavis. YouTube. https://www.youtube.com/watch?v=qykD-2AXKIU

The Effects of Poverty on Children's Socioemotional Development: An Ecological Systems Analysis. - Poverty on Childrens socioemotional development.pdf. (n.d.). http://www2.gbcnv.edu/library/PDFs/Poverty%20on%20Childrens%20socioemotional%20de

velopment.pdf

The Five Year Forward View for Mental Health - Mental-Health-Taskforce-FYFV-final.pdf.
(n.d.).
https://www.england.nhs.uk/wp-content/uploads/2016/02/Mental-Health-Taskforce-FYFV-fin
al.pdf

The King's Fund. Ideas that change health care. (n.d.). http://www.kingsfund.org.uk/

Travers, C., Lie, D., & Martin-Khan, M. (2015). Dementia and the population health
approach: promise, pitfalls and progress. An Australian perspective. Reviews in Clinical
Gerontology, 25(01), 60–71. https://doi.org/10.1017/S0959259814000203

UCL Institute of Health Equity - IHE. (n.d.). https://www.instituteofhealthequity.org/

University of Worcester - Study Skills - Home. (n.d.).
https://www.worcester.ac.uk/studyskills/

Wade, D. T., & Halligan, P. W. (2004). Do biomedical models of illness make for good
healthcare systems? BMJ, 329(7479), 1398–1401.
https://doi.org/10.1136/bmj.329.7479.1398

Walker, J. (2017). Social work and human development: Vol. Transforming social work
practice (Fifth edition). Learning Matters.

Webber, M., Reidy, H., Ansari, D., Stevens, M., & Morris, D. (2015). Enhancing social
networks: a qualitative study of health and social care practice in UK mental health
services. Health & Social Care in the Community, 23(2), 180–189.
https://doi.org/10.1111/hsc.12135

Whitehead, D. (2011). Before the cradle and beyond the grave: a lifespan/settings-based
framework for health promotion. Journal of Clinical Nursing, 20(15–16), 2183–2194.
https://doi.org/10.1111/j.1365-2702.2010.03674.x

WHO. World Health Organization. (n.d.). http://www.who.int/en/

Wilkinson, R. (2011). How economic inequality harms societies. TEDGlobal.
https://www.ted.com/talks/richard_wilkinson#t-181397

Working in groups. (n.d.-a).
https://www.worcester.ac.uk/studyskills/documents/Working_in_groups_2016.pdf

Working in groups. (n.d.-b).
https://www.worcester.ac.uk/studyskills/documents/Working_in_groups_2016.pdf

Yelnik, A., & Laffont, I. (2010). The psychological aspects of polio survivors through their
life experience. Annals of Physical and Rehabilitation Medicine, 53(1), 60–67.
https://doi.org/10.1016/j.rehab.2009.11.006

Yuill, C., Crinson, I., & Duncan, E. (2010). Key concepts in health studies. Sage.
http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=978144624956

7