

FDHS1210 Understanding Health and Health Promotion (UW & Partner)

University of Worcester - Lisa Porter. Halesowen College - Louise Parker. Herefordshire and Ludlow College - Kate James. The Learning Institute - Lorna Crouchen and Peggy Bent.

View Online



2901502_PHOF_Improving_Outcomes_PT1A_v1_1.pdf. (n.d.).
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/263658/2901502_PHOF_Improving_Outcomes_PT1A_v1_1.pdf

Anwar-McHenry, J., Donovan, R. J., Nicholas, A., Kerrigan, S., Francas, S., & Phan, T. (2016). Implementing a Mentally Healthy Schools Framework based on the population wide Act-Belong-Commit mental health promotion campaign. *Health Education*, 116(6), 561-579. <https://doi.org/10.1108/HE-07-2015-0023>

Arnett, Jeffrey Jensen. U Maryland, Dept of Human Development, College Park, MD, US. (2000). Emerging adulthood: A theory of development from the late teens through the twenties. *American Psychologist*, 5.
<https://search-ebshost-com.apollo.worc.ac.uk/login.aspx?direct=true&AuthType=ip,shib,cpid&custid=s6264444&db=pdh&AN=2000-15413-004&site=ehost-live&scope=site>

Atwal, A., Spiliotopoulou, G., Coleman, C., Harding, K., Quirke, C., Smith, N., Osseiran, Z., Plastow, N., & Wilson, L. (2015). Polio survivors' perceptions of the meaning of quality of life and strategies used to promote participation in everyday activities. *Health Expectations*, 18(5), 715-726. <https://doi.org/10.1111/hex.12152>

BAHADORI et al., M. (1 C.E.). The Social Determinants of Health (SDH) in Iran: A Systematic Review Article. *Iranian Journal of Public Health*, 44(6), 728-741.

Barrow, G. (2014). 'Whatever!' The Wonderful Possibilities of Adolescence. *Transactional Analysis Journal*, 44(2), 167-174. <https://doi.org/10.1177/0362153714543077>

Behavioural insights in health care | The Health Foundation. (n.d.).
<http://www.health.org.uk/publication/behavioural-insights-health-care>

Bennett, Clare. (29 C.E.). Promoting health in primary care. *Nursing Standard*, 23(47).

Bingham, C., Clarke, L., Michielsens, E., & Van de Meer, M. (2013). Towards a social model approach? *Personnel Review*, 42(5), 613-637. <https://doi.org/10.1108/PR-08-2011-0120>

Blaxter, M. (2010a). *Health* (2nd ed). Polity.

Blaxter, M. (2010b). How is Health Defined. In *Health* (2nd ed, pp. 4-25). Polity.

BMJ. British medical journal (International ed.). (n.d.).

Bowling, A. (2005). What is successful ageing and who should define it? *BMJ*, 331(7531), 1548–1551. <https://doi.org/10.1136/bmj.331.7531.1548>

Brady, G., Lowe, P., & Olin Lauritzen, S. (2015). Connecting a sociology of childhood perspective with the study of child health, illness and wellbeing: introduction. *Sociology of Health & Illness*, 37(2), 173–183. <https://doi.org/10.1111/1467-9566.12260>

Burton, M., Pavord, E., & Williams, B. (2014). *An introduction to child and adolescent mental health*. SAGE.

Campbell, D. (12 C.E.). Health inequality gap 'is still growing' in England, new Department of Health data shows. *The Observer*.
<https://www.proquest.com/docview/1928112715/fulltext/CA22393007B14D67PQ/1?accountid=15133>

childhood-final-15-03 - childhood_disadvantage_health.pdf. (n.d.).
http://hiaconnect.edu.au/old/files/childhood_disadvantage_health.pdf

Chronic Diseases and Injuries in Canada - Canada.ca. (n.d.).
<https://www.canada.ca/en/public-health/services/reports-publications/health-promotion-chronic-disease-prevention-canada-research-policy-practice/vol-34-no-1-2014/supplement.html>

Common core of skills and knowledge for the childrens workforce.pdf. (n.d.).
<http://www.yor-ok.org.uk/YorOK-Workforce/Common%20core%20of%20skills%20and%20knowledge%20for%20the%20childrens%20workforce.pdf>

Critical Public Health. (n.d.). <https://www-tandfonline-com.apollo.worc.ac.uk/loi/ccph20>

Curtis, B. (2012). Understanding Tailored Internet Smoking Cessation Messages: A Reasoned Action Approach. *The ANNALS of the American Academy of Political and Social Science*, 640(1), 136–149. <https://doi.org/10.1177/0002716211423642>

Dahlgren, G., & Whitehead, M. (2006). European strategies for tackling social inequities in health: Levelling up Part 2. WHO: The World Health Organization.
http://www.euro.who.int/__data/assets/pdf_file/0018/103824/E89384.pdf

Department of Health. (2004). *Choosing health: making healthy choices easier*.
<http://www.nhshistory.net/choosing%20health%20summary.pdf>

Department of Health & Social Care. (n.d.). GOV.UK.
<https://www.gov.uk/government/organisations/department-of-health>

Department of Health and Social Care. (3 C.E.). *Living Well With Dementia: a national dementia strategy*. Strategic framework within for making quality improvements to dementia services and addressing health inequalities. GOV.UK.
<https://www.gov.uk/government/publications/living-well-with-dementia-a-national-dementia-strategy>

- Department of Health and Social Care. (17 C.E.). Improving mental health services for young people. Report of the work of the Children and Young People's Mental Health Taskforce. GOV.UK.
<https://www.gov.uk/government/publications/improving-mental-health-services-for-young-people>
- Department of Health and Social Care. (26 C.E.). Choice in end of life care. Sets out findings of an independent review into choice in end of life care. GOV.UK.
<https://www.gov.uk/government/publications/choice-in-end-of-life-care>
- Department of Health and Social Care. (28 C.E.). Valuing People - A New Strategy for Learning Disability for the 21st Century. GOV.UK.
<https://www.gov.uk/government/publications/valuing-people-a-new-strategy-for-learning-disability-for-the-21st-century>
- Department of Health and Social Care. (30 C.E.). Healthy lives, healthy people: our strategy for public health in England. GOV.UK.
<https://www.gov.uk/government/publications/healthy-lives-healthy-people-our-strategy-for-public-health-in-england>
- Dixon, B., Pena, M.-M., & Taveras, E. M. (2012). Lifecourse Approach to Racial/Ethnic Disparities in Childhood Obesity. *Advances in Nutrition: An International Review Journal*, 3 (1), 73–82. <https://doi.org/10.3945/an.111.000919>
- Dodge, R., Daly, A., Huyton, J., & Sanders, L. (2012). The challenge of defining wellbeing. *International Journal of Wellbeing*, 2(3), 222–235. <https://doi.org/10.5502/ijw.v2i3.4>
- du Bois-Reymond, M. (2016). Emerging Adulthood Theory Under Scrutiny. *Emerging Adulthood*, 4(4), 242–243. <https://doi.org/10.1177/2167696815614422>
- Edmond, N., & Price, M. (2012). Integrated working with children and young people: supporting development from birth to nineteen. SAGE.
<http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=9781446258361>
- Elliott, C. (2015). 'Big Food' and 'gamified' products: promotion, packaging, and the promise of fun. *Critical Public Health*, 25(3), 348–360.
<https://doi.org/10.1080/09581596.2014.953034>
- End of Life Care Strategy - End_of_life_strategy.pdf. (n.d.).
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/136431/End_of_life_strategy.pdf
- Engel, G. (1977). The need for a new medical model: a challenge for biomedicine. *Science*, 196(4286), 129–136. <https://doi.org/10.1126/science.847460>
- Entwistle, V. A., Renfrew, M. J., Yearley, S., Forrester, J., & Lamont, T. (1998). Lay perspectives: advantages for health research. *BMJ*, 316(7129), 463–466.
<https://doi.org/10.1136/bmj.316.7129.463>
- 'Fair Society Healthy Lives' (The Marmot Review) - IHE. (n.d.).

<http://www.instituteofhealthequity.org/projects/fair-society-healthy-lives-the-marmot-review>

Farmer, P. (n.d.). Investigating the root causes of the global health crisis: Paul Farmer on the TED Book "The Upstream Doctors".

<http://blog.ted.com/investigating-the-root-causes-of-the-global-health-crisis-paul-farmer-on-the-upstream-doctors/>

Fava, G. A., & Sonino, N. (2008). The Biopsychosocial Model Thirty Years Later. *Psychotherapy and Psychosomatics*, 77(1), 1-2. <https://doi.org/10.1159/000110052>

Feng, X., & Wilson, A. (2015). Getting Bigger, Quicker? Gendered Socioeconomic Trajectories in Body Mass Index across the Adult Lifecourse: A Longitudinal Study of 21,403 Australians. *PLOS ONE*, 10(10). <https://doi.org/10.1371/journal.pone.0141499>

Goering, S. (2015). Rethinking disability: the social model of disability and chronic disease. *Current Reviews in Musculoskeletal Medicine*, 8(2), 134-138. <https://doi.org/10.1007/s12178-015-9273-z>

Graham, H. (2009). *Understanding health inequalities* (2nd ed). McGraw Hill/Open University Press.

<http://lib.myilibrary.com/browse/open.asp?id=333834&entityid=https://idp.worc.ac.uk/oala/metadata>

Guide 48: Dying well at home: the case for integrated working - guide48.pdf. (n.d.).

<https://www.scie.org.uk/publications/guides/guide48/files/guide48.pdf>

Health & Social Care in the Community. (n.d.).

Health at key stages of life : the life course approach to public health (brochure) - CorpBrochure_lifecourse_approach.pdf. (n.d.).

http://www.euro.who.int/__data/assets/pdf_file/0019/140671/CorpBrochure_lifecourse_approach.pdf

Health Education. (n.d.).

Health education journal. (n.d.).

Health promotion international. (n.d.).

Health studies: an introduction (Third edition). (2015). Palgrave Macmillan.

<http://ebookcentral.proquest.com/lib/worcester/detail.action?docID=4763354>

health-inequalities-and-population-health-1681147764421. (n.d.).

<https://www.nice.org.uk/advice/lgb4/resources/health-inequalities-and-population-health-1681147764421>

Helme, D. (2012). Trust me, I'm a patient: pain education for professionals from a lay perspective. *British Journal of Pain*, 6(2), 79-80.

<https://doi.org/10.1177/2049463712443448>

- Horizon Scanning Programme Team. (n.d.). Risk behaviours and negative outcomes. Trends in risk behaviours and negative outcomes amongst children and young people. Horizon Scanning Programme Team.
https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/452169/data_pack_risk_behaviours_and_negative_outcomes.pdf
- Hubley, J., Copeman, J., & Woodall, J. (2013). Practical health promotion (2nd edition). Polity.
- Improving young people's health and wellbeing: a framework for public health - GOV.UK. (n.d.).
<https://www.gov.uk/government/publications/improving-young-peoples-health-and-wellbeing-a-framework-for-public-health>
- Inequality is created. (n.d.). <http://inequality.is/created>
- International journal of health promotion and education. (n.d.).
- International Journal of Integrated Care (IJIC). (n.d.).
- International Longevity Centre. (n.d.). <https://ilcuk.org.uk/>
- International Longevity Centre - UK. (n.d.).
http://www.ilcuk.org.uk/index.php/publications/publication_posts/C31
- Johannes Bircher. (2014). Defining health by addressing individual, social, and environmental determinants: New opportunities for health care and public health. *Journal of Public Health Policy*, 35(3). <https://doi.org/doi:10.1057/jph.2014.19>
- Johannes Bircher. (2017). Will the Meikirch Model, a New Framework for Health, Induce a Paradigm Shift in Healthcare? *Cureus*, 9(3). <https://doi.org/doi:10.7759/cureus.1081>
- Johnston, B., & Narayanasamy, M. (2016). Exploring psychosocial interventions for people with dementia that enhance personhood and relate to legacy- an integrative review. *BMC Geriatrics*, 16(1). <https://doi.org/10.1186/s12877-016-0250-1>
- JRF. Joseph Rowntree Foundation. (n.d.). <http://www.jrf.org.uk/>
- Kalmakis, K. A., & Chandler, G. E. (2015). Health consequences of adverse childhood experiences: A systematic review. *Journal of the American Association of Nurse Practitioners*, 27(8), 457-465. <https://doi.org/10.1002/2327-6924.12215>
- Keating, Norah C, & Scharf, T. (2012). From Exclusion to Inclusion in Old Age: A Global Challenge. Policy Press.
<https://ebookcentral.proquest.com/lib/worcester/detail.action?docID=981518>
- Kristén, L., Ivarsson, A., Parker, J., & Ziegert, K. (2015). Future challenges for intervention research in health and lifestyle research—A systematic meta-literature review. *International Journal of Qualitative Studies on Health and Well-Being*, 10(1).
<https://doi.org/10.3402/qhw.v10.27326>

- Landstedt, E., Hammarström, A., & Winefield, H. (2015a). How well do parental and peer relationships in adolescence predict health in adulthood? *Scandinavian Journal of Social Medicine*, 43(5), 460–468. <https://doi.org/10.1177/1403494815576360>
- Landstedt, E., Hammarström, A., & Winefield, H. (2015b). How well do parental and peer relationships in adolescence predict health in adulthood? *Scandinavian Journal of Public Health*, 43(5), 460–468. <https://doi.org/10.1177/1403494815576360>
- Larkin, M. (2013). *Health and well-being across the life course*. SAGE.
- Learning Disabilities Worldwide. (n.d.). <http://www.ldworldwide.org/>
- Life course Reading along with Videos and Journals that are topic and/or sector specific. (n.d.).
- Life-course-influences-and-well-being-in-later-life-a-review.pdf. (n.d.).
<http://justageing.equalityhumanrights.com/wp-content/uploads/2009/10/Life-course-influences-and-well-being-in-later-life-a-review.pdf>
- Lillycrop, K. A., & Burdge, G. C. (2011). Epigenetic changes in early life and future risk of obesity. *International Journal of Obesity*, 35(1), 72–83. <https://doi.org/10.1038/ijo.2010.122>
- Livingston et al, G. (2017). Dementia prevention, intervention, and care. *The Lancet*, 390(10113), 2673–2734. [https://doi.org/10.1016/S0140-6736\(17\)31363-6](https://doi.org/10.1016/S0140-6736(17)31363-6)
- M. Huber. (2011). Health: How should we define it?
https://www.researchgate.net/publication/288949201_Health_How_should_we_define_it
- Manchanda, R. (2014). What makes us get sick? Look upstream. TED.com.
https://www.ted.com/talks/rishi_manchanda_what_makes_us_get_sick_look_upstream
- Marcus-Varwijk, A. E., Koopmans, M., Visscher, T. L. S., Seidell, J. C., Slaets, J. P. J., & Smits, C. H. M. (2016). Optimizing Tailored Health Promotion for Older Adults: Understanding Their Perspectives on Healthy Living. *Gerontology and Geriatric Medicine*, 2.
<https://doi.org/10.1177/2333721415625293>
- Mind Ed. A free educational resource on children and young people's mental health for all adults. (n.d.). <https://www.minded.org.uk>
- Mind. The mental health charity. (n.d.). <http://www.mind.org.uk/>
- Mitchell, G., McGreevy, J., Carlisle, S., Frazer, P., Traynor, M., Lundy, H., Diamond, M., & Agnelli, J. (2017). Evaluation of 'Dementia Friends' programme for undergraduate nursing students: Innovative practice. *Dementia*, 16(8), 1075–1080.
<https://doi.org/10.1177/1471301216638589>
- Naidoo, J., & Wills, J. (Eds.). (2015). *Health studies: an introduction* (Third edition). Palgrave Macmillan.
- Naidoo, J., & Wills, J. (2016). *Foundations for health promotion* (Fourth edition). Elsevier.

<http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=9780702054440>

National Infant Screening. (n.d.).

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/674470/Screening_tests_for_you_and_your_baby_booklet.pdf

National Institute for Health and Care Excellence (NICE). (n.d.). <https://www.nice.org.uk>

NHS England. (10 C.E.). Ambitions for Palliative and End of Life Care: A national framework for local action 2021-2026. NHS UK.

<https://www.england.nhs.uk/publication/ambitions-for-palliative-and-end-of-life-care-a-national-framework-for-local-action-2021-2026/>

Obesity in Wales. (2019). Public Health Wales NHS Trust.

<https://phw.nhs.wales/topics/obesity/obesity-in-wales-2019/>

Oliver, B., & Pitt, B. (2011). Working with children, young people and families: a course book for foundation degrees. Learning Matters.

<http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=9780857254238>

Oliver, M. (2013). The social model of disability: thirty years on. *Disability & Society*, 28(7), 1024–1026. <https://doi.org/10.1080/09687599.2013.818773>

Paula Braveman. (2014). What Are Health Disparities and Health Equity? We Need to Be Clear. *Public Health Reports*, 129(Suppl 2). <https://doi.org/doi:10.1177/003335491412915203>

Perspectives in public health. (n.d.).

Public Health England. (1 C.E.). PHE data and analysis tools. Data and analysis tools from across Public Health England (previously known as the 'Data and knowledge gateway'). GOV.UK. <http://datagateway.phe.org.uk/>

Public Health England. (13 C.E.). Chapter 6: social determinants of health. GOV.UK.

<https://www.gov.uk/government/publications/health-profile-for-england/chapter-6-social-determinants-of-health>

Public_Health_Approaches_To_End_of_Life_Care_Toolkit_WEB.pdf. (n.d.).

http://www.ncpc.org.uk/sites/default/files/Public_Health_Approaches_To_End_of_Life_Care_Toolkit_WEB.pdf

Recovery. (n.d.). Rethink Mental Illness.

<http://www.rethink.org/living-with-mental-illness/recovery>

Roberts, J., & Bell, R. (2015). Social inequalities in the leading causes of early death: a life course approach. Institute of Health Equity.

<http://www.instituteofhealthequity.org/resources-reports/social-inequalities-in-the-leading-causes-of-early-death-a-life-course-approach>

- Sanders, M. R., & Kirby, J. N. (2014). A Public-Health Approach to Improving Parenting and Promoting Children's Well-Being. *Child Development Perspectives*, 8(4), 250–257. <https://doi.org/10.1111/cdep.12086>
- Scambler, G. (n.d.). Health Inequalities. <https://onlinelibrary.wiley.com.apollo.worc.ac.uk/doi/10.1111/j.1467-9566.2011.01387.x/epdf>
- Schickler, P. (2005). Achieving health or achieving wellbeing? *Learning in Health and Social Care*, 4(4), 217–227. <https://doi.org/10.1111/j.1473-6861.2005.00100.x>
- SCIE. The Social Care Institute for Excellence. (n.d.). <http://www.scie.org.uk/>
- Scriven, A., Ewles, L., & Simnett, I. (2017). *Ewles & Simnett's promoting health: a practical guide* (Seventh edition). Elsevier. <http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=9780702066948>
- Shokouh, SMH. (1 C.E.). Conceptual Models of Social Determinants of Health: A Narrative Review. *Iranian Journal of Public Health*, 46(4), 435–446.
- Södergren, M. (2013). Lifestyle predictors of healthy ageing in men. *Maturitas*, 75(2), 113–117. <https://doi.org/10.1016/j.maturitas.2013.02.011>
- South, J., Meah, A., & Branney, P. E. (2012). 'Think differently and be prepared to demonstrate trust': findings from public hearings, England, on supporting lay people in public health roles. *Health Promotion International*, 27(2), 284–294. <https://doi.org/10.1093/heapro/dar022>
- Sowa, A., Tobiasz-Adamczyk, B., Topór-Mądry, R., Poscia, A., & Ia Milia, D. I. (2016). Predictors of healthy ageing: public health policy targets. *BMC Health Services Research*, 16(S5). <https://doi.org/10.1186/s12913-016-1520-5>
- Stephens, C. & MyiLibrary. (2008). *Health promotion: a psychosocial approach: Vol. Health psychology*. Open University Press. <http://lib.myilibrary.com/browse/open.asp?id=195324&entityid=https://idp.worc.ac.uk/oala/metadata>
- Stettler, N. (2007). Nature and strength of epidemiological evidence for origins of childhood and adulthood obesity in the first year of life. *International Journal of Obesity*, 31(7), 1035–1043. <https://doi.org/10.1038/sj.ijo.0803659>
- Successful Young Adult Development - [successfuldevelopment.pdf](https://docs.gatesfoundation.org/documents/successfuldevelopment.pdf). (n.d.). <https://docs.gatesfoundation.org/documents/successfuldevelopment.pdf>
- TEDx Talks. (12 C.E.). Social Determinants of Health: Claire Pomeroy at TEDxUCDavis. YouTube. <https://www.youtube.com/watch?v=qykd-2AXKIU>
- The Effects of Poverty on Children's Socioemotional Development: An Ecological Systems Analysis. - [Poverty on Childrens socioemotional development.pdf](http://www2.gbcnv.edu/library/PDFs/Poverty%20on%20Childrens%20socioemotional%20de). (n.d.). <http://www2.gbcnv.edu/library/PDFs/Poverty%20on%20Childrens%20socioemotional%20de>

velopment.pdf

The Five Year Forward View for Mental Health - Mental-Health-Taskforce-FYFV-final.pdf.
(n.d.).

<https://www.england.nhs.uk/wp-content/uploads/2016/02/Mental-Health-Taskforce-FYFV-final.pdf>

The King's Fund. Ideas that change health care. (n.d.). <http://www.kingsfund.org.uk/>

Travers, C., Lie, D., & Martin-Khan, M. (2015). Dementia and the population health approach: promise, pitfalls and progress. An Australian perspective. *Reviews in Clinical Gerontology*, 25(01), 60–71. <https://doi.org/10.1017/S0959259814000203>

UCL Institute of Health Equity - IHE. (n.d.). <https://www.instituteofhealthequity.org/>

University of Worcester - Study Skills - Home. (n.d.).

<https://www.worcester.ac.uk/studyskills/>

Wade, D. T., & Halligan, P. W. (2004). Do biomedical models of illness make for good healthcare systems? *BMJ*, 329(7479), 1398–1401.

<https://doi.org/10.1136/bmj.329.7479.1398>

Walker, J. (2017). *Social work and human development: Vol. Transforming social work practice (Fifth edition)*. Learning Matters.

Webber, M., Reidy, H., Ansari, D., Stevens, M., & Morris, D. (2015). Enhancing social networks: a qualitative study of health and social care practice in UK mental health services. *Health & Social Care in the Community*, 23(2), 180–189.

<https://doi.org/10.1111/hsc.12135>

Whitehead, D. (2011). Before the cradle and beyond the grave: a lifespan/settings-based framework for health promotion. *Journal of Clinical Nursing*, 20(15–16), 2183–2194.

<https://doi.org/10.1111/j.1365-2702.2010.03674.x>

WHO. World Health Organization. (n.d.). <http://www.who.int/en/>

Wilkinson, R. (2011). How economic inequality harms societies. TEDGlobal.

https://www.ted.com/talks/richard_wilkinson#t-181397

Working in groups. (n.d.-a).

https://www.worcester.ac.uk/studyskills/documents/Working_in_groups_2016.pdf

Working in groups. (n.d.-b).

https://www.worcester.ac.uk/studyskills/documents/Working_in_groups_2016.pdf

Yelnik, A., & Laffont, I. (2010). The psychological aspects of polio survivors through their life experience. *Annals of Physical and Rehabilitation Medicine*, 53(1), 60–67.

<https://doi.org/10.1016/j.rehab.2009.11.006>

Yuill, C., Crinson, I., & Duncan, E. (2010). *Key concepts in health studies*. Sage.

<http://www.vlebooks.com/vleweb/product/openreader?id=Worcester&isbn=978144624956>

