

SPRT3043 - Advanced Sports Nutrition

Reading list for the Advanced Sports Nutrition Module

View Online



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Otis CL and others, 'ACSM Position Stand: The Female Athlete Triad' (1997) 29 Medicine & Science in Sports & Exercise i

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—, 'Relationship between Fatty Acid Delivery and Fatty Acid Oxidation during Strenuous Exercise' (1995) 79 Journal of Applied Physiology 1939

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